NO MORE NO-SHOWS!

How to fill your schedules and keep them filled.

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NEEDING HEALTHCARE CAN BE HARD — GETTING CARE SHOULDN'T BE.

We built Luma Health because we are all patients. We believe it should be easy to see and connect with our doctor. To get the care we need, when we need it. Ours is a new vision aligned around letting systems deliver high-quality healthcare, lower the burden on staff, and provide the modern, mobile-first experience we all deserve. Let's go!



ABOUT THE SPEAKER

Alex Harris



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PART I: HOW SMARTER CANCELLATION MANAGEMENT LOWERS NO-SHOWS

Today we'll talk about our 3 principles for smart cancellation management:

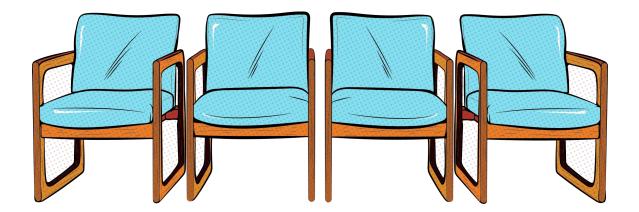
- Simplifying patient cancellation and rescheduling
- Enabling patients to self-join a smart waitlist
- Automating actionable appointment offers to waitlist patients

Join us on 10/16 for Part II, Better Reminders for Better Attendance. We'll talk about:

- How to implement actionable, text-first reminders
- When to send reminders
- How actionable reminders can cut no-shows in half



THE COSTS OF NO-SHOWS





NO-SHOWS AND CANCELLATIONS ARE COSTING YOU (A LOT OF) MONEY.

The healthcare industry loses more than **\$150 billion** a year to no-shows a lone.

The average no-show rate for clinics, systems, and practices is around **18.8%**.

18.8% no show rate
× 21 appt. slots per day
× \$150 avg. appt. value
× 264 business days a year

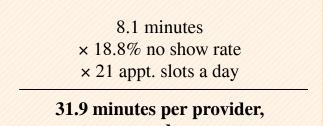
\$156,340.80 per provider, per year



NO-SHOWS AND CANCELLATIONS ARE COSTING YOU (TOO MUCH) TIME.

It takes a significant chunk of staff time to follow-up with patients who miss appointments and reschedule them for another date or time.

In fact, we calculate it's taking about **17 and a half full business** days a year for every provider on staff.



per day



NO-SHOWS AND CANCELLATIONS ARE COSTING YOU YOUR PATIENTS' HEALTH AND HAPPINESS.

Waiting is the worst – especially when you're sick.

Unfortunately, cancelled appointments and no-shows are adding to patient wait time.

The longer patients have to wait for care, the more likely they are to go elsewhere OR put off care, threatening their outcomes.

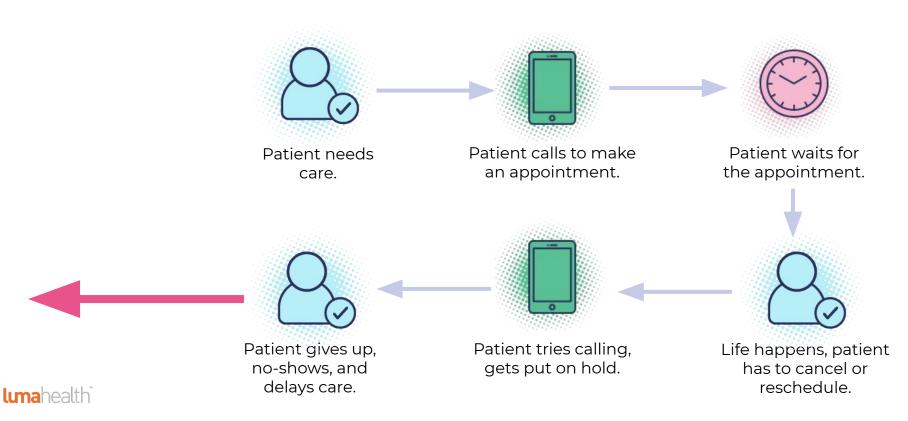




SMART CANCELLATION MANAGEMENT FOR NO MORE NO-SHOWS



THE PATIENT NO-SHOW CYCLE



FIRST PRINCIPLE OF SMART CANCELLATION MANGAGEMENT

#1: MAKE IT EASY

Give patients the option to cancel or reschedule 24/7.

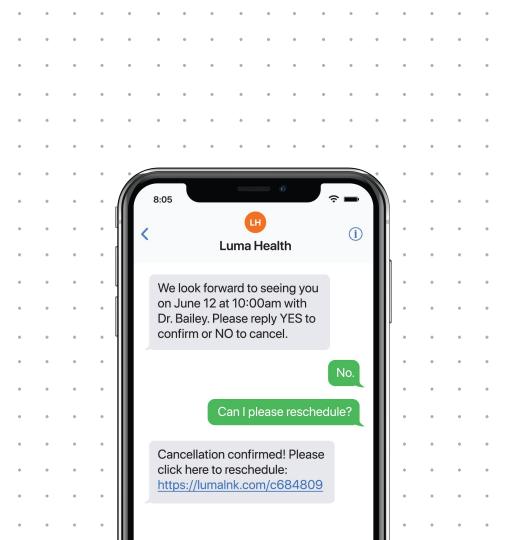
What will happen?

- No-shows \rightarrow reschedules
- Patient happiness ↑
- Inbound phone volume \checkmark

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✔ Text-first works best

- ✓ 24/7 rescheduling
- Early cancellations mean new opportunities





SECOND PRINCIPLE OF SMART CANCELLATION MANGAGEMENT

#2: DEPLOY A SMART WAITLIST

- Allows patients to secure an earlier appointment
- Fills empty slots left by inevitable cancellations & no-shows
- Minimizes the impact of patient schedule changes



- ✔ Text-first STILL works best
- ✓ Allow patients to self-join
- Automatically trigger offers when the right slots open up
- Send patients offers one-at-a-time or on a first come, first serve basis



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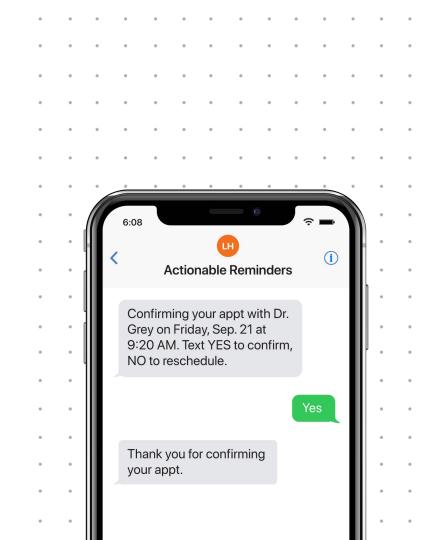
THIRD PRINCIPLE OF SMART CANCELLATION MANGAGEMENT

#3: REMIND PATIENTS EARLY AND OFTEN

- A quarter of no-shows are due to the simple act of forgetting
- Another quarter are due to confusion over date, time, or location
- Reminding patients early and often can seriously slash your no-shows



- ✓ Text-first STILL works best
- Give patients the opportunity to cancel or reschedule from the reminder
- Send any relevant information they need before their appointment – directions, prep instructions, what to bring, etc.



PRO TIP! LOOK FOR TWO-WAY, REAL-TIME EHR INTEGRATION

- Offer patients the convenience of scheduling online with always accurate availability
- Automatically create appointments in your EHR based on waitlist acceptance
- Make sure your appointment reminders are accurate and up-to-date





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ABOUT THE SPEAKER

Chuck Leider



Director of Health Informatics at Houston ENT and Allergy Clinics



PART 2: BETTER REMINDERS FOR BETTER ATTENDANCE

Today we'll talk about:

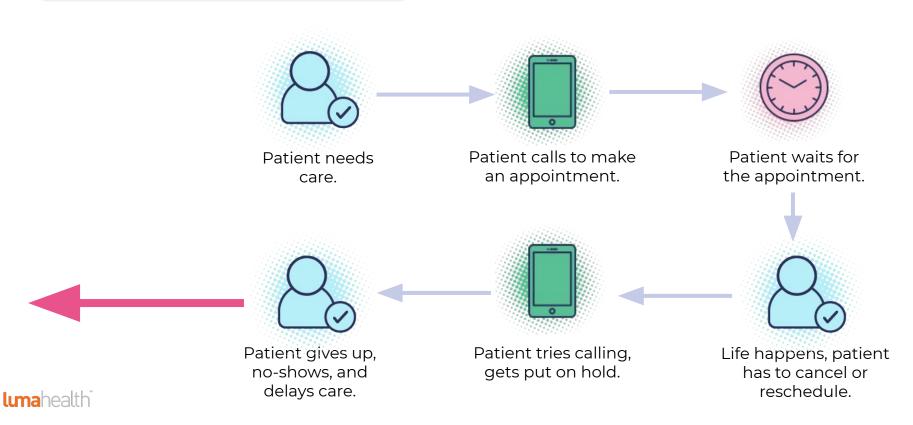
- How to implement actionable, text-first reminders
- When to send reminders
- How actionable reminders can cut no-shows in half

Last month we covered our principles for smart cancellation management:

- Simplifying patient cancellation and rescheduling
- Enabling patients to self-join a smart waitlist
- Automating actionable appointment offers to waitlist patients



THE PATIENT NO-SHOW CYCLE



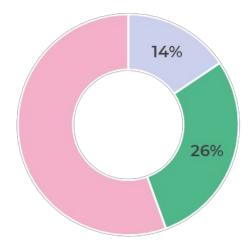
ACTIONABLE, TEXT-FIRST REMINDERS



SEND REMINDERS, COMBAT FORGETFULNESS

26% of patients miss appointments simply because they forget.

14% miss appointments due to forgetfulness or confusion about when or where an appointment will be.

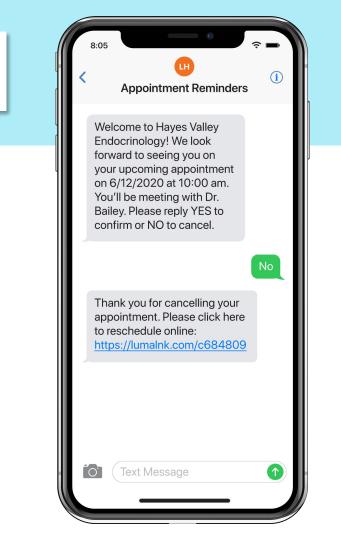




ACTIONABLE REMINDERS PATIENTS CAN RESPOND TO

Patients should be able to interact with a reminder with the simplicity of sending a text message.

Here's what they can do with actionable reminders:
Confirm an appointment
Cancel
Reschedule online or via text
Ask their care team a question



THE POWER OF THE TEXT

7/10 patients

Want the ability to communicate electronically with their providers. **99%** of U.S. adults

Own a cellphone, and text messaging is the most frequently used functionality.

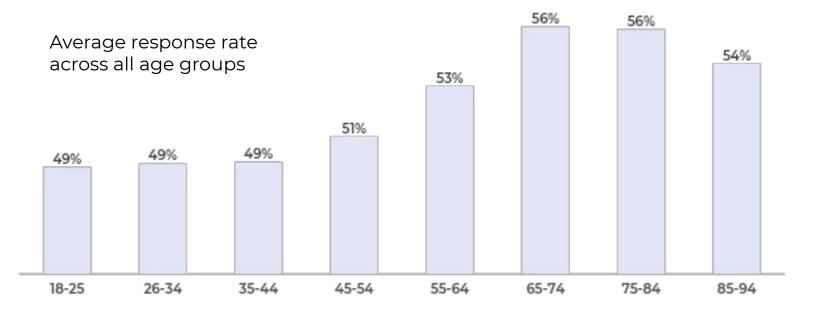
Text > phone + email

Patients receive 99% of texts, but they only open emails 20% of the time and answer phone calls 45% of the time.



Sources: Kentico Global Survey. (2015). McLean, et al. (2016). Appointment reminder systems are effective but not optimal...) Pew Research Center. (2017) TxtSignal. (2017)

PATIENTS OF ALL AGES ARE TEXTING, AND RESPONDING



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OPTIMIZING YOUR REMINDER CADENCE



MAKE SURE PATIENTS GET THE REMINDERS THEY NEED, WHEN THEY NEED THEM

- Use the 7-, 4-, and 2-day rule for optimized reminders
- Automate a reminder 1 day out if the appointment's not cancelled or confirmed
- Update your custom cadence anytime

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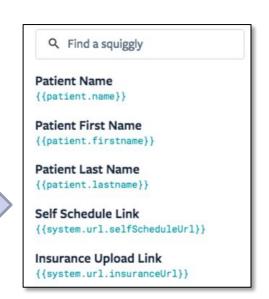


STEPS FOR IMPLEMENTING A SUPER-EFFECTIVE REMINDER SYSTEM

#1: Integrate your reminder system with your EHR or PM.

- **#2:** Customize message templates for different providers, appointment types, or locations.
- **#3:** Make messages personal with squigglies!

#4: Deliver reminders at the optimal times.



LIVING THE RESULTS — NO MORE NO-SHOWS



RESULTS FROM HOUSTON ENT

Evaluate current process

Know your analytics for no-show appts

Implementation

ROI





Your appt with Dr. Bradford Patt at Houston ENT & Allergy - Memorial City Patt (915 Gessner #235) is on Oct 16th, 4:00 pm. Reply YES to confirm or NO to cancel

Sorry, you can only reply YES or NO to this message.

Yes

Thank you for confirming your appointment. In order to expedite the check-in process and reduce wait time, please be aware that you will receive an email/text message from us prior to your appointment that will prompt you to check in. Please be sure to complete all of the requested information before arriving to your appointment. Thank you and have a great day!

IMPLEMENTING APPOINTMENT REMINDERS

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RESULTS FROM HOUSTON ENT

Clinic wide no-show rate 15% pre-Luma

Average appointment value \$200

Luma no-show rate 6%

\$1.8 million saved in annual revenue





PRO TIP! MAKE YOUR REMINDERS WORK FOR YOU

- Seamless EHR integration

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- Automated to send SMS reminders at the optimal times, no constant monitoring required
- Personalized to each unique patient based on their information, their appointment, and their provider
- Two-way, so patients have the ability to respond to ask questions

