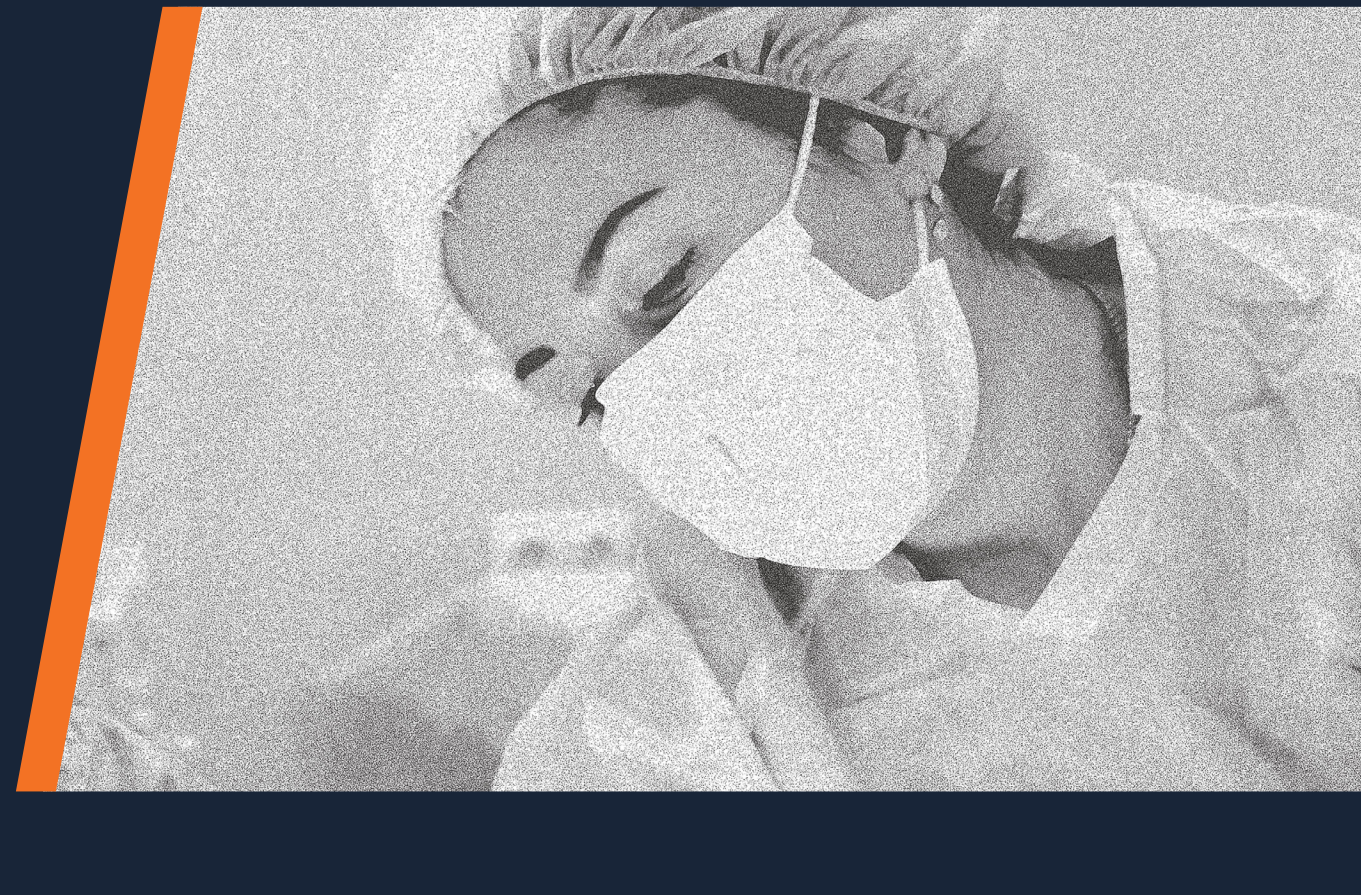
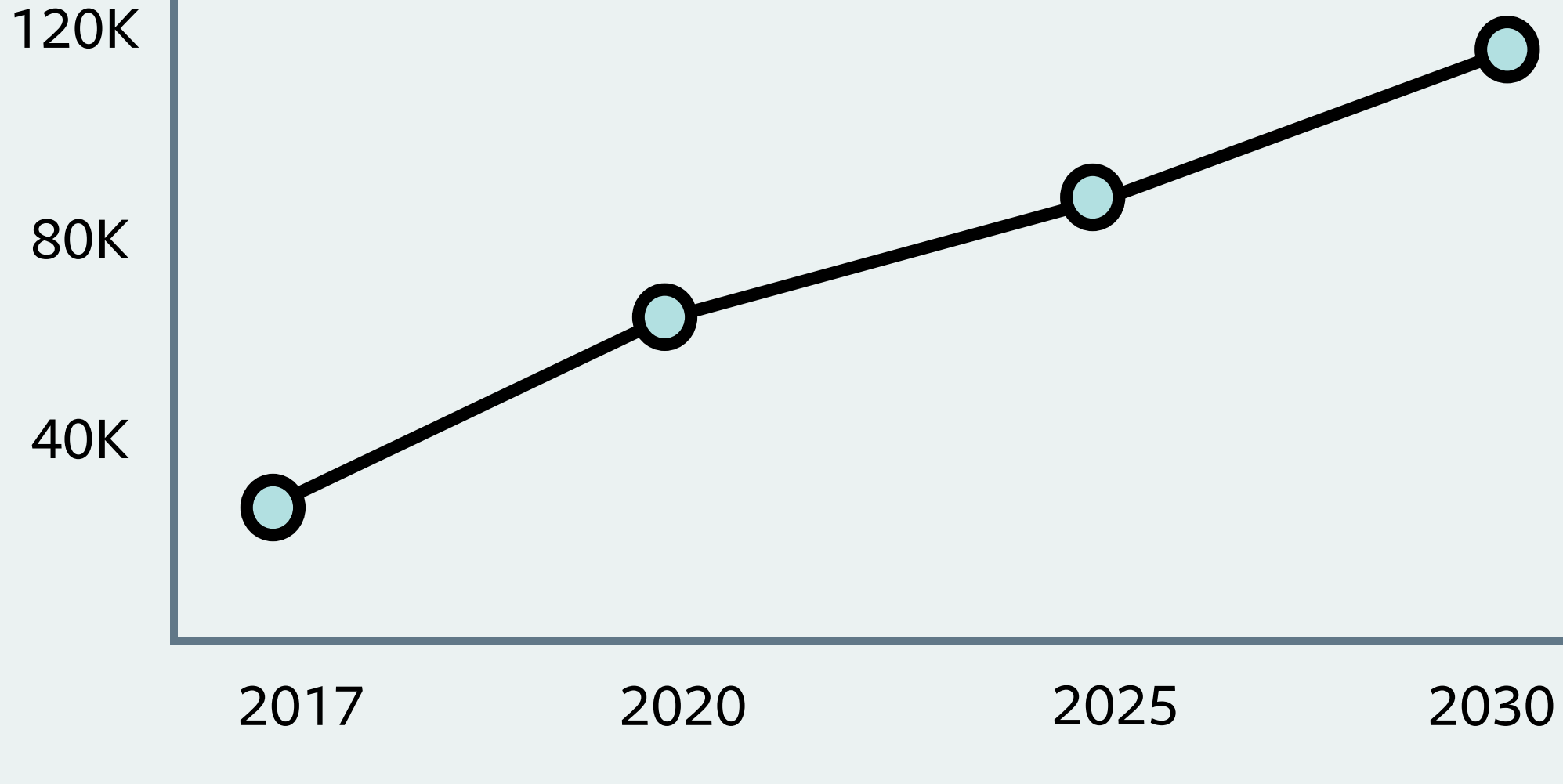


Break the Cycle of Burnout



Provider burnout is on the rise. The high levels of stress, exhaustion, and professional dissatisfaction are impacting patient care and organizational strength.

PHYSICIAN SHORTAGES ARE EXPECTED TO REACH >120K BY 2030.¹

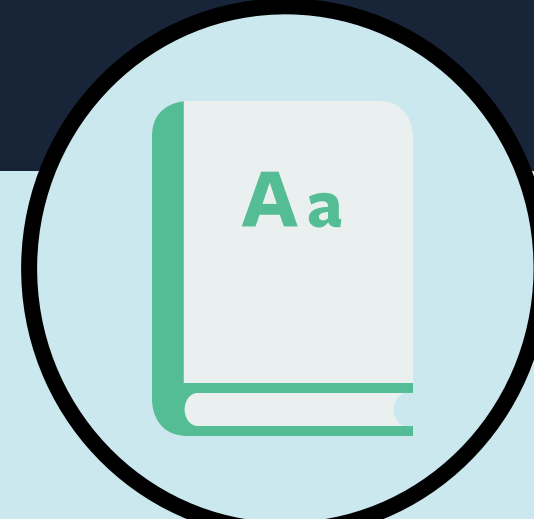


Physician Burnout

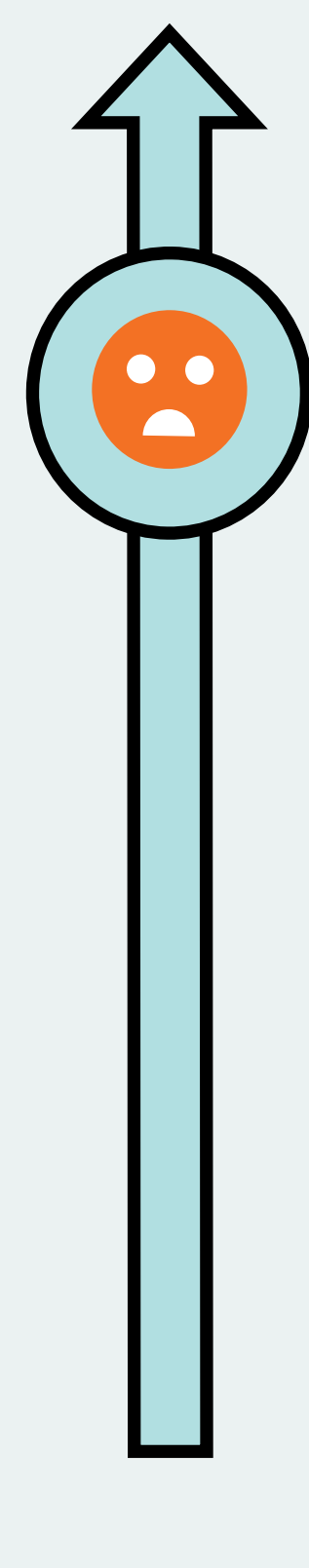
/fəˈziSHən ˈbɜrnˌout/

noun

Long-term stress reaction marked by emotional exhaustion, depersonalization, and a lack of sense of personal accomplishment.²



Burnout is on the rise



78% experience feelings of burnout (up 5% from 2016)³

37^{min} of every hour devoted to a patient is spent on the EHR⁴

46% of physicians would not choose the same career path if given a choice⁵

The impact of burnout is far-reaching:



Workforce shortages



Lower patient satisfaction



Increased risk of medical errors and low-quality care⁶

Banishing Burnout

Start by asking these three questions:

1

HOW ARE YOUR PROVIDERS FEELING?

2

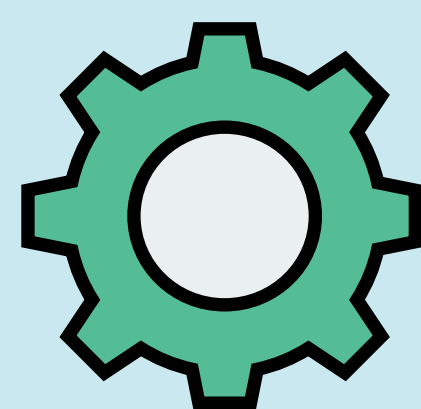
ARE THERE ANY GAPS OR ERRORS IN THE WORK THAT'S HAPPENING?

3

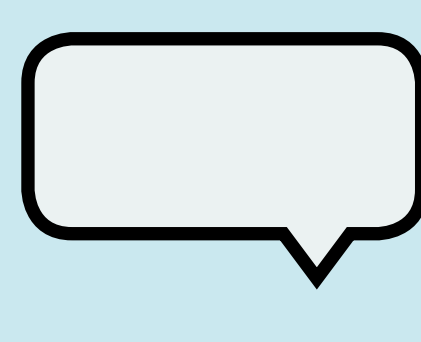
WHAT DOES THE PATIENT EXPERIENCE LOOK LIKE?

Empower providers to get back to what matters.

Eight in 10 providers say their relationships with patients is their greatest source of professional satisfaction. Here's how to help them get back to patient care.



Automate and streamline inefficient processes



Allow for streamlined communication



Ensure patient success by supporting them throughout their care journey

Luma Health's Total Patient Engagement Platform can help you break the cycle of burnout and get providers focused on the work that matters most. Learn more at www.lumahealth.io.



Sources:

1. The Complexities of Physician Supply and Demand. Association of American Medical Colleges. April 11, 2018.
2. Physician Burnout, Agency for Healthcare Research and Quality.
3. 2018 Survey of America's Physicians, The Physicians Foundation.
4. How Doctors Feel About Electronic Health Records, Stanford Medicine & The Harris Poll.
5. Physician Frustration Grows, Income Falls — But a Ray of Hope. Medscape.
6. C.P West, et al., Physician burnout: contributors, consequences and solutions, Journal of Internal Medicine.